



DATE:	30-07-2024	TIME:	09:29 PM
NAME:	Majed Alosaimi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			70
BREATHING RATE:			21
OXYGEN SATURATION:			94
BLOOD PRESSURE:			123 / 90
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			42
PRQ:			3.31
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK