



DATE:	26-07-2024	TIME:	01:55 PM
NAME:	Majed Alosaimi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		73	
BREATHING RATE:		16	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		137 / 84	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		13	
PRQ:		4.66	
ACTIVITY:		4	
SLEEP:		2	
EQUILIBRIUM:		2	
METABOLISM:		2	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK