



DATE:	17-07-2024	TIME:	04:59 PM
NAME:	Lakshmikanta Pechimayum (Bon Pechimayum)		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			64
BREATHING RATE:			14
OXYGEN SATURATION:			98
BLOOD PRESSURE:			113/68
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			89
PRQ:			4.5
ACTIVITY:			4
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK