



DATE:	18-07-2024	TIME:	07:35 AM
NAME:	Mohga		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	74		
BREATHING RATE:	14		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	132 / 86		
STRESS LEVEL:	Normal		
HEART RATE VARIABILITY:	19		
PRQ:	-1.00		
ACTIVITY:	3		
SLEEP:	3		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	1		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK