



DATE:	18-07-2024	TIME:	04:34 PM
NAME:	Jacob		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			71
BREATHING RATE:			8
OXYGEN SATURATION:			98
BLOOD PRESSURE:			123 / 87
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			100
PRQ:			8.59
ACTIVITY:			
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			4
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK