



DATE:	07-07-2024	TIME:	06:40 PM
NAME:	Elaine Petrakis		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		57	61
BREATHING RATE:		20	11
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		116/83	113/82
STRESS LEVEL:		Low	Low
HEART RATE VARIABILITY:		46	46
PRQ:		2.8	5.5
ACTIVITY:		3	3
SLEEP:		4	4
EQUILIBRIUM:		5	4
METABOLISM:		5	4

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RELAXATION:		2	2
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK