



DATE:	11-08-2024	TIME:	02:20 PM
NAME:	TAREQ ANEES		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		97	
BREATHING RATE:		30	
OXYGEN SATURATION:		-1	
BLOOD PRESSURE:		123 / 68	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		20	
PRQ:		3.28	
ACTIVITY:		4	
SLEEP:		4	
EQUILIBRIUM:		5	
METABOLISM:		5	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK