



DATE:	09-07-2024	TIME:	07:40 PM
NAME:	TAREQ ANEES		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		89	95
BREATHING RATE:		27	17
OXYGEN SATURATION:		95	98
BLOOD PRESSURE:		119 / 67	121 / 70
STRESS LEVEL:		Low	Normal
HEART RATE VARIABILITY:		27	27
PRQ:		3.31	5.70
ACTIVITY:		3	4
SLEEP:		4	4
EQUILIBRIUM:		2	4
METABOLISM:		2	4

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RELAXATION:		2	2
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:		Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK