



DATE:	04-07-2024	TIME:	10:34 AM
NAME:	dkt		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		45	
BREATHING RATE:		19	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		110/71	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		150	
PRQ:		2.4	
ACTIVITY:		4	
SLEEP:		1	
EQUILIBRIUM:		3	
METABOLISM:		3	

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RELAXATION:		4	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
NOTES:			

VITAL SIGNS

LOG BOOK