



DATE:	02-07-2024	TIME:	04:11 PM
NAME:	dkt		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			105
BREATHING RATE:			23
OXYGEN SATURATION:			98
BLOOD PRESSURE:			110/69
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			104
PRQ:			4.5
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK