



DATE:	28-06-2024	TIME:	05:02 PM
NAME:	Moustafa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			67
BREATHING RATE:			17
OXYGEN SATURATION:			98
BLOOD PRESSURE:			116 / 82
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			63
PRQ:			3.96
ACTIVITY:			5
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK