



DATE:	18-06-2024	TIME:	05:34 PM
NAME:	Chic Shikaa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			85
BREATHING RATE:			7
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			116 / 83
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			47
PRQ:			11.84
ACTIVITY:			4
SLEEP:			5
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK