



DATE:	28-07-2024	TIME:	10:25 PM
NAME:	Mena		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			96
BREATHING RATE:			31
OXYGEN SATURATION:			94
BLOOD PRESSURE:			121 / 83
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			45
PRQ:			3.16
ACTIVITY:			5
SLEEP:			5
EQUILIBRIUM:			4
METABOLISM:			4

DATE:	28-07-2024	TIME:	10:25 PM
NAME:	Mena		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK