



DATE:	21-06-2024	TIME:	03:10 PM
NAME:	Linnéa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		89	
BREATHING RATE:		14	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		115 / 88	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		48	
PRQ:		6.33	
ACTIVITY:		5	
SLEEP:		5	
EQUILIBRIUM:		5	
METABOLISM:		5	

DATE:	21-06-2024	TIME:	03:10 PM
NAME:	Linnéa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK