



DATE:	14-06-2024	TIME:	04:33 PM
NAME:	Youssef Magdy		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			74
BREATHING RATE:			13
OXYGEN SATURATION:			98
BLOOD PRESSURE:			117 / 74
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			69
PRQ:			5.80
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			5
METABOLISM:			5

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK