



DATE:	14-06-2024	TIME:	07:02 AM
NAME:	Osama		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	71		
BREATHING RATE:	16		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	108 / 68		
STRESS LEVEL:	Normal		
HEART RATE VARIABILITY:	16		
PRQ:	4.45		
ACTIVITY:	3		
SLEEP:	3		
EQUILIBRIUM:	4		
METABOLISM:	4		

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RELAXATION:	1		
HEMOGLOBIN:	Coming soon		
HBA1C:	4.0 – 5.6		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK