



DATE:	11-06-2024	TIME:	07:57 AM
NAME:	Ayman		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	75		
BREATHING RATE:	13		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	120 / 86		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	33		
PRQ:	5.66		
ACTIVITY:	4		
SLEEP:	4		
EQUILIBRIUM:	1		
METABOLISM:	1		

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RELAXATION:	1		
HEMOGLOBIN:	Coming soon		
HBA1C:	4.0 – 5.6		
CHOLESTEROL:	Coming soon		
NOTES:			

VITAL SIGNS

LOG BOOK