



DATE:	07-06-2024	TIME:	10:44 PM
NAME:	Bill Harris		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	64		89
BREATHING RATE:	20		21
OXYGEN SATURATION:	98		98
BLOOD PRESSURE:	130 / 66		134 / 69
STRESS LEVEL:	Low		Low
HEART RATE VARIABILITY:	62		64
PRQ:	3.19		4.18
ACTIVITY:	4		
SLEEP:	2		4
EQUILIBRIUM:	4		2
METABOLISM:	4		2

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RELAXATION:	3		3
HEMOGLOBIN:	Coming soon		Coming soon
HBA1C:	6.5		6.5
CHOLESTEROL:	Coming soon		Coming soon
NOTES:			

# VITAL SIGNS

## LOG BOOK