



DATE:	21-06-2024	TIME:	02:59 PM
NAME:	Vikas		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		86	
BREATHING RATE:		18	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		118 / 86	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		57	
PRQ:		4.86	
ACTIVITY:		5	
SLEEP:		4	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		3	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK