



DATE:	16-05-2024	TIME:	06:12 PM
NAME:	Mostafa Farouq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			67
BREATHING RATE:			23
OXYGEN SATURATION:			98
BLOOD PRESSURE:			146 / 94
STRESS LEVEL:			High
HEART RATE VARIABILITY:			36.06
PRQ:			2.92
ACTIVITY:			5
SLEEP:			4
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			Coming soon
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK