



DATE:	11-05-2024	TIME:	06:33 PM
NAME:	Mostafa Farouq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	72	53	76
BREATHING RATE:	10	15	12
OXYGEN SATURATION:	98	98	98
BLOOD PRESSURE:	136 / 101	137 / 105	144 / 92
STRESS LEVEL:	High	High	High
HEART RATE VARIABILITY:	24.98	12.63	33.69
PRQ:	6.92	3.52	6.09
ACTIVITY:	4	3	5
SLEEP:	4	3	4
EQUILIBRIUM:	4	5	5
METABOLISM:	4	5	5

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RELAXATION:	1	1	2
HEMOGLOBIN:	Coming soon	Coming soon	Coming soon
HBA1C:	Coming soon	Coming soon	Coming soon
CHOLESTEROL:	Coming soon	Coming soon	Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK