



DATE:	30-04-2024	TIME:	03:09 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		73	
BREATHING RATE:		13	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		113 / 85	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		42.83	
HEMOGLOBIN:		13.92	
HBA1C:		5.84	
CHOLESTEROL:		182.93	
PRQ:		5.72	
ACTIVITY:		4	

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SLEEP:		4	
EQUILIBRIUM:		2	
METABOLISM:		2	
RELAXATION:		2	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK