



DATE:	17-04-2024	TIME:	06:35 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	70		65
BREATHING RATE:	20		12
OXYGEN SATURATION:	98		98
BLOOD PRESSURE:	120 / 83		120 / 83
STRESS LEVEL:	High		High
HEART RATE VARIABILITY:	46.41		51.79
HEMOGLOBIN:	14.12		13.24
HBA1C:	5.80		5.83
CHOLESTEROL:	138.60		146.56
PRQ:	3.44		5.47
ACTIVITY:	5		5

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SLEEP:	5		5
EQUILIBRIUM:	5		5
METABOLISM:	5		5
RELAXATION:	2		2
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK