



DATE:	15-04-2024	TIME:	07:36 AM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	82		
BREATHING RATE:	13		
OXYGEN SATURATION:	94		
BLOOD PRESSURE:	120 / 80		
STRESS LEVEL:	High		
HEART RATE VARIABILITY:	32.93		
HEMOGLOBIN:	14.97		
HBA1C:	5.82		
CHOLESTEROL:	130.16		
PRQ:	6.25		
ACTIVITY:	5		

DATE:	15-04-2024	TIME:	07:36 AM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
SLEEP:	4		
EQUILIBRIUM:	4		
METABOLISM:	4		
RELAXATION:	2		
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK