



DATE:	11-04-2024	TIME:	04:52 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		72	73
BREATHING RATE:		12	17
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		117 / 85	115 / 82
STRESS LEVEL:		High	High
HEART RATE VARIABILITY:		69.71	61.19
HEMOGLOBIN:		15.28	15.54
HBA1C:		5.80	5.80
CHOLESTEROL:		155.63	142.19
PRQ:		5.85	4.24
ACTIVITY:		4	3

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SLEEP:		3	3
EQUILIBRIUM:		4	5
METABOLISM:		4	5
RELAXATION:		3	3
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK