



DATE:	08-06-2024	TIME:	10:23 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			91
BREATHING RATE:			11
OXYGEN SATURATION:			98
BLOOD PRESSURE:			115 / 83
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			49
PRQ:			7.90
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			2
METABOLISM:			2

DATE:	08-06-2024	TIME:	10:23 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK