



DATE:	07-05-2024	TIME:	07:56 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		73	70
BREATHING RATE:		24	27
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		116 / 80	122 / 82
STRESS LEVEL:		High	High
HEART RATE VARIABILITY:		59.56	33.75
PRQ:		2.99	2.61
ACTIVITY:		3	4
SLEEP:		5	3
EQUILIBRIUM:		1	1
METABOLISM:		1	1

DATE:	07-05-2024	TIME:	07:56 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		3	1
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		Coming soon	Coming soon
CHOLESTEROL:		Coming soon	Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK