



DATE:	08-04-2024	TIME:	12:33 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		76	
BREATHING RATE:		22	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		121 / 82	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		44.45	
HEMOGLOBIN:		14.14	
HBA1C:		5.80	
CHOLESTEROL:		132.85	
PRQ:		3.52	
ACTIVITY:		4	

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SLEEP:		5	
EQUILIBRIUM:		5	
METABOLISM:		5	
RELAXATION:		2	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK