



DATE:	23-08-2024	TIME:	08:41 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			68
BREATHING RATE:			13
OXYGEN SATURATION:			98
BLOOD PRESSURE:			126 / 84
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			72
PRQ:			5.20
ACTIVITY:			3
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK