



DATE:	08-05-2024	TIME:	09:35 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		84	52
BREATHING RATE:		19	14
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		122 / 89	121 / 84
STRESS LEVEL:		High	Medium
HEART RATE VARIABILITY:		108.00	97.68
PRQ:		4.44	3.76
ACTIVITY:		3	
SLEEP:		1	1
EQUILIBRIUM:		3	5
METABOLISM:		3	5

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RELAXATION:		4	3
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		Coming soon	Coming soon
CHOLESTEROL:		Coming soon	Coming soon
NOTES:			

# VITAL SIGNS

## LOG BOOK