



DATE:	13-05-2024	TIME:	11:34 AM
NAME:	RajS		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		76	
BREATHING RATE:		8	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		119 / 74	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		41.77	
PRQ:		9.18	
ACTIVITY:		5	
SLEEP:		4	
EQUILIBRIUM:		3	
METABOLISM:		3	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		Coming soon	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK