



DATE:	10-08-2024	TIME:	10:30 AM
NAME:	RajS		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		57	
BREATHING RATE:		19	
OXYGEN SATURATION:		94	
BLOOD PRESSURE:		112/68	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		99	
PRQ:		2.9	
ACTIVITY:		3	
SLEEP:		1	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		4	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK