



DATE:	22-06-2024	TIME:	09:10 PM
NAME:	Khaled Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		52	59
BREATHING RATE:		16	13
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		118/71	118/66
STRESS LEVEL:		Low	Low
HEART RATE VARIABILITY:		70	50
PRQ:		3.2	4.5
ACTIVITY:		4	2
SLEEP:		3	3
EQUILIBRIUM:		3	3
METABOLISM:		3	3

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RELAXATION:		2	2
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK