



DATE:	24-06-2024	TIME:	08:33 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	85		119
BREATHING RATE:	29		16
OXYGEN SATURATION:	98		-1
BLOOD PRESSURE:	116 / 69		112 / 78
STRESS LEVEL:	Low		Low
HEART RATE VARIABILITY:	35		44
PRQ:	2.93		7.41
ACTIVITY:	4		5
SLEEP:	5		5
EQUILIBRIUM:	3		4
METABOLISM:	3		4

<b>DATE:</b>	<b>24-06-2024</b>	<b>TIME:</b>	<b>08:33 PM</b>
<b>NAME:</b>	<b>Tareq</b>		
	<b>MORNING (12AM-08AM)</b>	<b>MID-DAY (08AM-04PM)</b>	<b>NIGHT (04PM-12AM)</b>
RELAXATION:	2		3
HEMOGLOBIN:	Coming soon		Coming soon
HBA1C:	4.0 – 5.6		4.0 – 5.6
CHOLESTEROL:	Coming soon		Coming soon
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK